

# 2018 COURAGE TO QUIT



**September**  
**11, 18, 25**  
**October**  
**2, 9, 16**



The Skokie Health Department is offering “**Courage to Quit**”, a six week program designed to help you quit smoking. The classes will be held Tuesday evenings at 7 p.m. at the Skokie Village Hall, 5127 Oakton St. Residency is not required.

There is a \$15 fee for the entire program and advance registration is required. For more information or to register for the program, please call (847) 933-8252



Skokie Health Department  
5127 Oakton Street, Skokie, IL 60077  
(847) 933-8252